



Dear Student,

Welcome to the world of Windsurfing!

We are stoked to have you on the only Kiteboarding, Sup, and Windsurfing Centre in Bahrain. The course you will be receiving will deliver you to an independent level; it will allow you to progress and practice on your own at a later stage. Safety procedures are always taught before any exercise, along with safety measures being taken into consideration for each lesson.

All our instructors are certified by the International Sailing Federation (ISAF), therefore our school runs according to ISAF standards, i.e. providing certified boats, buoyancy aid, teaching criteria etc... This also means you will receive a license at the end of your course, which states the level you have attained and can be used in any of our schools around the island. You will also be able to continue your progression and start to train to race and join one of the many regattas held in Bahrain or around the world! At the completion of your course you will also receive a windsurfer's handbook that explains all the theory behind the sport.

Here's a quick overview on our sailing programs:

Course	Entry Level	Achievement
<i>BCWS Level 1 Program</i> <i>First things First! At this level, you will receive a sound introduction to the sport of windsurfing. Understand basic board handling skills & essential background knowledge with an instructor in the boat with you.</i>	<i>Able to Swim</i> <i>Meets local age and health requirements</i>	<i>Become Certified with up to BCWS Level 1 Member Card.</i> <i>You have been introduced to the sport and are now ready to continue learning safely.</i>
<i>BCWS Level 2 Program</i> <i>Time to get serious! Here you'll practice the skills learned in level 1, this time more independently. You'll have a basic knowledge of windsurfing upon course completion.</i>	<i>BCWS Level 1 or Equivalent</i>	<i>Become certified with up to BCWS Level 2 Member Card.</i> <i>You can now handle your own board independently in calm conditions – with assessment on a continual basis.</i>
<i>BCWS Level 3 Program</i> <i>Let the winds blow! Your instructor can start to improve your individual performance to handle your board safely and competently in higher wind conditions. You can now learn more advanced maneuvers and get introduced to planning.</i>	<i>BCWS Level 2 or Equivalent</i>	<i>Become certified with up to BCWS Level 3 Member Card. You're now eligible for board rental at any of our schools.</i> <i>You can now handle your own board independently in moderate conditions</i>



If you're keen to pick up the sport this course will make you confident on the water and deliver you to a level that will allow you to ride independently and safely.

Drop us an email on reservations@beachculture.me to book your lesson.

Course	Description	Price
Private Lesson (1hr)	Learn at your own pace with your own instructor	30
Couples Lesson (1hr)	Learn with your partner privately with you	20
BCWS Level 1 2x3hrs (2day course)	Done over two four hour lessons in two days with groups of up to 4 students per instructor	90
BCWS Level 2 2x3hrs (2day course)	Done over two four hour lessons in two days with groups of up to 4 students per instructor	90
BCWS Level 3 2x3hrs (2day course)	Done over two four hour lessons in two days with groups of up to 4 students per instructor	90
BOARD rental 1hr 2hr Half day	Open for BCWS Level 3 Membership Card holders (or equivalent)	15 20 40

Please note you need bring sunblock, sunglasses with a strap, and a hat. All equipment, gear, along with refreshments are provided.

Please feel free to contact us for any more information, hope to see you on the water soon!

Windy Regards,

The Beach Culture Team

