



Dear Student,

Welcome to the world of kitesurfing!

We are stoked to have you on the only Kiteboarding, Sup, and Sailing Centre in Bahrain. The course you will be receiving will deliver you to an independent level; it will allow you to progress and practice on your own at a later stage. Safety procedures are always taught before any exercise, along with safety measures being taken into consideration for each lesson.

All our instructors are certified by the International Kiteboarding Organization (IKO), therefore our school runs according to IKO standards, i.e. providing helmets, buoyancy aid, teaching criteria etc... This also means you will receive a license at the end of your course, which states the level you have attained and can be used in any kiteboarding school or rental shop in the world, it also automatically makes you a member of the IKO and gives you access to their website. At the completion of your course you will also receive a kiteboarder's handbook that explains all the theory behind the sport.

Here's a quick overview on the IKO kiteboarder programs:

Description	Entry Level .	Achievement
<p>Level 1 Kiteboarder Program</p> <p><i>First things First! At this level, you will practice various skills that will transfer to the water for the next level. Skills covered include assessing at the wind and the physical location, using the safety systems, managing proper equipment setup, and controlling the training kite.</i></p>	<p><i>Anyone can complete this level, provided they meet local age and health requirements</i></p>	<p><i>Become certified up to level 1 with the IKO Member card.</i></p> <p><i>You have been introduced to the sport and are now ready to continue learning safely.</i></p>
<p>Level 2 Kiteboarder Program</p> <p><i>Time to get really wet! Here you will practice the skills learned in level 1, this time with full power in the water. Your instructor will show you how to gain power and drag with control both down and upwind. Once you have these skills mastered, you'll be ready to try out some water starts on the board.</i></p>	<p><i>Kiteboarder Level 1 or equivalent skill level.</i></p> <p><i>Be able to swim.</i></p>	<p><i>Become certified up to level 2 with the IKO Member card.</i></p> <p><i>You'll have the chance to rent equipment and practice under supervision.</i></p>
<p>Level 3 Kiteboarder Program</p> <p><i>Now you're rocking! Your instructor can start to fine tune you style until riding upwind is a second nature. You'll also practice riding toe side and can attempt your first jump. This level focuses on advanced skills that will help you achieve independence in the water.</i></p>	<p><i>Kiteboarder Level 2 or equivalent skill level.</i></p>	<p><i>Become certified up to level 3 with the IKO Member card. After completing this level, you'll be an independent kiteboarder, with the ability to purchase your own equipment and have access to the advanced clinic program. With a bit more practice, you can even become an assistant instructor!</i></p>

If you're keen to pick up the sport this course will make you confident on the water and deliver you to a level that will ensure you ride independently and safely.

Drop us an email on reservations@beachculture.me to book your lesson.



Item	Details	Price (BD)/person
1:1 Private Lesson	Inclusive of equipment.	BD 35/hr
Group Basic Course Level 1 & 2 (4 students)	8 Hours Long (2X4hr lessons over two days) all inclusive of equipment, IKO handbook, IKO license	BD 160
Couples Basic Course Level 1 & 2 (2 students)	8 Hours Long (2X4hr lessons over two days) all inclusive of equipment, IKO handbook, IKO license	BD 200

Please note you need bring sunblock, sunglasses with a strap, and a hat. All equipment, gear, along with refreshments are provided. Exact location will be provided upon lesson confirmation depending on the weather conditions and wind orientation.

Please feel free to contact us for any more information, hope to see you on the water soon!

Windy Regards,

The Beach Culture Team

 Beach Culture
 @Beachculture

